



Senior Activity Center at Leesburg

MAY 2011

Open Monday—Friday 8:30am—5:00pm



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>9:00am Sewing & Stitch-in 9:00am Ceramics 9:00am Coffee Chat 9:00am Computer Assistance 10:30am Bid Whist 10:30am Walking Club 10:30am Giant Crossword Puzzle 12 noon Lunch-RR-Donation 12:30pm Stretch & Tone 12:45pm Pinochle & Mahjongg 1:00pm Bowling 2:00pm Rummikub</p>	<p>3 Dinner Out</p> <p>9:00am Coffee Chat 9:30am Beginner Bridge RR 10:00am Texas Hold'em 10:00am Beginners Spanish RR 10:00am Euchre 10:30am Yoga with Nargis 12 noon Lunch-RR-Donation 12:30pm Shopping at Bloom 1:00pm Party Bridge 1:00pm Wii Bowling League 5:00pm Dinner out at Tuscarora Mill RR</p>	<p>4 Inova van History Class Thrift Store Shop</p> <p>9:00am Inova Health Van 9:30am Zumba Gold RR 10:00am Internet Comp. Basic RR 10:00am History Class 10:30am Hearing Aid Help 10:30am Walking Club 10:30am Bible Study w/ Bill 12 noon Lunch-RR-Donation 12:45pm Bus to Twice As Nice 1:00pm Line Dancing 2:00pm Social Dance</p>	<p>5 Advisory Board Senior Expo</p> <p>9:00am Coffee Chat 9:30am Yoga and Laughter 10:00am Texas Hold'em 10:00am Goose Creek Bridge 11:00am Stretch & Tone w/ Mary 12 noon Lunch-RR-Donation 12:30pm Mahjongg & Pinochle 12:45pm Bus Departs for Spring Plant Sale at Monroe Vo-Tech RR 1:30pm Leesburg Senior Activity Center Advisory Board Meeting 2:30pm Bus Departs for Senior Expo RR</p>	<p>6 First Friday Fun!</p> <p>8:30am Table Tennis 9:00am Coffee Chat 9:00am Crochet Club 9:00am Stitch'n B Club 9:30am Spanish Workshop 10:30am Walking Club 10:30am First Friday Fun RR 12 noon Lunch-RR-Donation 12:45pm Bingo with Gail 12:45pm Pinochle 1:00pm Loudoun Bridge Buffs 2:00pm Wii and Popcorn</p>
<p>9 Mother's Day Luncheon</p> <p>9:00am Sewing & Stitch-in 9:00am Ceramics 9:00am Coffee Chat 9:00am Computer Assistance 9:30am Investors Discussion 10:30am Bid Whist 10:30am Walking Club 10:30am Giant Crossword Puzzle 11:30am Mother's Day RR 12 noon Lunch-RR-Donation 12:30pm Stretch & Tone 12:45pm Pinochle & Mahjongg 1:00pm Bowling 2:00pm Rummikub</p>	<p>10</p> <p>9:00am Coffee Chat 9:30am Beginner Bridge RR 10:00am Texas Hold'em 10:00am Beginners Spanish RR 10:00am Euchre 10:30am Yoga with Nargis 12 noon Lunch-RR-Donation 12:30pm Shopping at Giant 1:00pm Party Bridge 1:00pm Wii Bowling League</p>	<p>11 Book Club History Class</p> <p>9:00am Coffee Chat 9:30am Zumba Gold RR 10:00am Book Club 10:00am Internet Comp. Basic RR 10:00am History Class 10:30am Walking Club 10:30am Bible Study w/ Bill 12 noon Lunch-RR-Donation 1:00pm Line Dancing 2:00pm Social Dance</p>	<p>12 Diabetes Support</p> <p>9:00am Coffee Chat 9:30am Yoga and Laughter 10:00am Texas Hold'em 10:00am Goose Creek Bridge 10:30am Euchre 11:00am Stretch & Tone w/ Mary 11:00am Diabetes Support 12 noon Lunch-RR-Donation 12:30pm Mahjongg & Pinochle 1:30pm Chess Club</p>	<p>13 History Club</p> <p>8:30am Table Tennis 9:00am Coffee Chat 9:00am Crochet Club 9:00am Stitch'n B Club 9:30am Spanish Workshop 10:00am Guest Speaker History Club Ben Zielke 10:30am Walking Club 12 noon Lunch-RR-Donation 12:45pm Bingo with Gail 12:45pm Pinochle 1:00pm Loudoun Bridge Buffs 2:00pm Wii and Popcorn 8:00pm Beaux & Belles—Let's Dance</p>
<p>16 White Elephant Bingo</p> <p>9:00am Sewing & Stitch-in 9:00am Ceramics 9:00am Coffee Chat 9:00am Computer Assistance 10:30am Bid Whist 10:30am Walking Club 10:30am Giant Crossword Puzzle 12 noon Lunch-RR-Donation 12:30pm White Elephant Bingo 12:45pm Pinochle & Mahjongg 1:00pm Bowling 1:00pm Art Studio</p>	<p>17</p> <p>9:00am Coffee Chat 9:30am Beginner Bridge RR 10:00am Euchre 10:00am Texas Hold'em 10:00am Beginners Spanish RR 10:30am Yoga with Nargis 12 noon Lunch-RR-Donation 12:30pm Shopping at Shopper's Food Warehouse 1:00pm Party Bridge</p>	<p>18 History class May B-Day</p> <p>9:00am Coffee Chat 9:30am Zumba Gold RR 10:00am Internet Comp. Basic RR 10:00am History Class 10:30am Bible Study w/ Bill 10:30am Walking Club 12 noon Lunch-RR-Donation 12:30pm May B-day Party RR 1:00pm Line Dancing 2:00pm Social Dance</p>	<p>19 Lunch Bunch</p> <p>9:00am Coffee Chat 9:30am Yoga and Laughter 10:00am Texas Hold'em 10:00am Goose Creek Bridge 10:30am Euchre 11:00am Stretch & Tone w/ Mary 11:00am Lunch Bunch— RR Clydes, Broadlands 12 noon Lunch-RR-Donation 12:30pm Mahjongg & Pinochle 1:30pm Chess Club</p>	<p>20 Dance Fitness Fun!</p> <p>8:30am Table Tennis 9:00am Coffee Chat 9:00am Crochet Club 9:00am Stitch'n B Club 9:00am Ceramics 9:30am Spanish Workshop 10:30am Walking Club 11:00am Dance Fitness Fun! 12 noon Lunch-RR-Donation 12:45pm Bingo with Gail 12:45pm Pinochle 1:00pm Loudoun Bridge Buffs</p>
<p>23Lunchtime Music</p> <p>9:00am Coffee Chat 9:00am Sewing & Stitch-in 9:00am Ceramics 9:00am Computer Assistance 9:30am Investors Discussion 10:30am Bid Whist 10:30am Walking Club Lunchtime Music w/ Dan Chutes 12 noon Lunch-RR-Donation 12:45pm Pinochle & Mahjongg 1:00pm Bowling 1:00pm Art Studio 2:00pm Rummikub</p>	<p>24</p> <p>9:00am Coffee Chat 9:30am Beginner Bridge RR 10:00am Euchre 10:00am Beginners Spanish RR 10:00am Texas Hold'em 10:30am Yoga with Nargis 12 noon Lunch-RR-Donation 12:30pm Shopping at Wegmans 1:00pm Party Bridge</p>	<p>25 Guest Speaker</p> <p>9:00am Coffee Chat 9:30am Zumba Gold RR 10:00am Internet Comp. Basic RR 10:30am Bible Study w/ Bill 10:30am Walking Club 12 noon Lunch-RR-Donation 1:00pm Line Dancing 2:00pm Social Dance 2:00pm Guest Speaker—East meets West</p> 	<p>26</p> <p>9:00am Coffee Chat 9:30am Yoga and Laughter 10:00am Texas Hold'em 10:00am Goose Creek Bridge 10:30am Euchre 11:00am Stretch & Tone w/ Mary 12 noon Lunch-RR-Donation 12:30pm Mahjongg & Pinochle 1:30pm Chess Club 6:30pm Caregiver Phone Support</p>	<p>27 celebrate You!</p> <p>8:30am Table Tennis 9:00am Coffee Chat 9:00am Crochet Club 9:00am Stitch'n B Club 9:00am Ceramics 9:30am Spanish Workshop 10:30am Walking Club 12 noon Lunch-RR-Donation 12:45pm Bingo with Gail 12:45pm Pinochle 1:00pm Loudoun Bridge Buffs 2:00pm Celebrate You! 2:00pm Wii and Popcorn 6:30pm Beaux & Belles—Potluck Dinner & Graduation</p>
<p>30</p> <p>HOLIDAY</p> <p>MEMORIAL DAY</p> <p>CLOSED</p>	<p>31</p> <p>9:00am Coffee Chat 10:00am Euchre 10:00am Beginners Spanish RR 10:00am Texas Hold'em 10:30am Yoga with Nargis 12 noon Lunch-RR-Donation 12:30pm Shopping at Wal-Mart 1:00pm Party Bridge</p>	<p>Summer Registration Begins</p> <p>Wednesday June 1st 9:00am</p>	<p>Celebrating You!</p> <p>Recognition Event</p> <p>Fri., May 27th</p> <p>2:00 - 5:00 PM</p> <p>Lansdowne Resort</p> <p>Admission is \$15. or complimentary for volunteers with more than 10 hours between July 1, 2010 to April 1, 2011.</p>	<p> Senior Interest Network Hearts and Hands Helping Seniors</p> <p>14th Annual Senior Expo</p> <p><i>“Showcasing Resources for Seniors and Caregivers in Loudoun County”</i></p> <p>Thursday, May 5th</p> <p>Bus departs Leesburg Senior Center at 2:30pm</p> <p>100 Vendors</p> <p>Over 50 door prizes</p> <p>\$1.00/ person bus ride</p>

RR—Reservations Required